

MY BODY IS THE TEMPLE OF GOD

MUSIC & LYRIC BY JOY KATZEN-GUTHRIE

CHORUS:

MY BODY IS THE TEMPLE OF GOD.
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MY BODY IS A SANCTUM OF THE HIGHEST POWER,
MY BODY IS THE TEMPLE OF GOD.

MY EYES BEHOLD THE BEAUTY OF THE WORLD.
MY MIND DWELLS IN KNOWINGNESS AND TRUTH.
THE FRAGRANCE OF CREATION SCINTILLATES MY SENSES.
MY BODY IS THE TEMPLE OF GOD.
MY MOUTH TASTES THE WONDERS OF THE EARTH.
MY LUNGS INHALE THE FRESHNESS OF THE WIND.
MY ARMS HOLD THE LOVE OF ALL HUMANITY.
MY BODY IS THE TEMPLE OF GOD. [CHORUS]

MY SHOULDERS ARE BOTH FLEXIBLE AND STRONG.
MY HANDS ARE SOFTLY GENTLE, YET FIRM.
MY BLOOD IS A BALANCE OF DIVINE PERFECTION,
MY BODY IS THE TEMPLE OF GOD.
MY BONES ARE AN EMBODIMENT OF STRENGTH.
MY EARS DRAW IN THE SYMPHONY OF LIFE.
MY LEGS STRIDE WITH FREEDOM AND VITALITY,
MY BODY IS THE TEMPLE OF GOD. [CHORUS]

MY HAIR SHINES WITH LUSTER AND WITH LIGHT
MY NECK SITS SECURELY AND AT EASE
MY FEET ABSORB THE MOVEMENT OF THE UNIVERSE,
MY BODY IS THE TEMPLE OF GOD.
MY CELLS ARE MY CLEANSING AND RENEWAL.
MY VOICE INTONES A HYMN OF MY JOY.
MY PULSE BEATS MY PURPOSE AND MY DESTINY.
MY BODY IS THE TEMPLE OF GOD. [CHORUS]

MY SOUL IS AN ALTAR OF GOD-PRAISE
MY HEALTH IS A SPRING OF GOD-DELIGHT.
MY SPIRIT IS A CURRENT OF GOD-ENERGY.
MY BODY IS THE TEMPLE OF GOD. [CHORUS]

OF GOD. OF GOD. OF GOD. OF GOD. OF GOD